

The theme for the 11-18s Team Challenge is Mary and Martha.

You'll see this theme in some of the different challenges but let's start off with the story of when Jesus visited Mary and Martha in the Book of Luke in The New Testament of the Bible.



(Luke Chapter 10)

Mary and Martha were sisters. They lived together and looked after their house together.

There was a lot of work to do; collecting water in the morning, sweeping the house, washing the clothes, lighting a fire, kneading dough and making bread together, cooking and washing up the pots when they had finished.

One day Jesus went to visit His friends Mary and Martha. They were both pleased to see Him and welcomed Him and others into their house.

Martha was worried about what the house looked like so she fetched some fresh water, swept the floor, tidied the washing and quickly cooked a meal. All the time Martha was very busy, Mary didn't help.

Mary was sat on the floor at Jesus' feet listening to Him speak. Martha was exhausted and felt cross.

Martha felt hurt that she was doing all the work while Mary didn't help her at all but was just sitting on the floor. "It isn't fair," she thought.

Eventually Martha went over to Jesus. Jesus stopped speaking and looked up at Martha.

Martha said, "Don't you think it's unfair that my sister has left me to do all of the work?" Jesus looked at Mary then back at Martha but didn't say anything.

Martha said again “tell her to help me.”

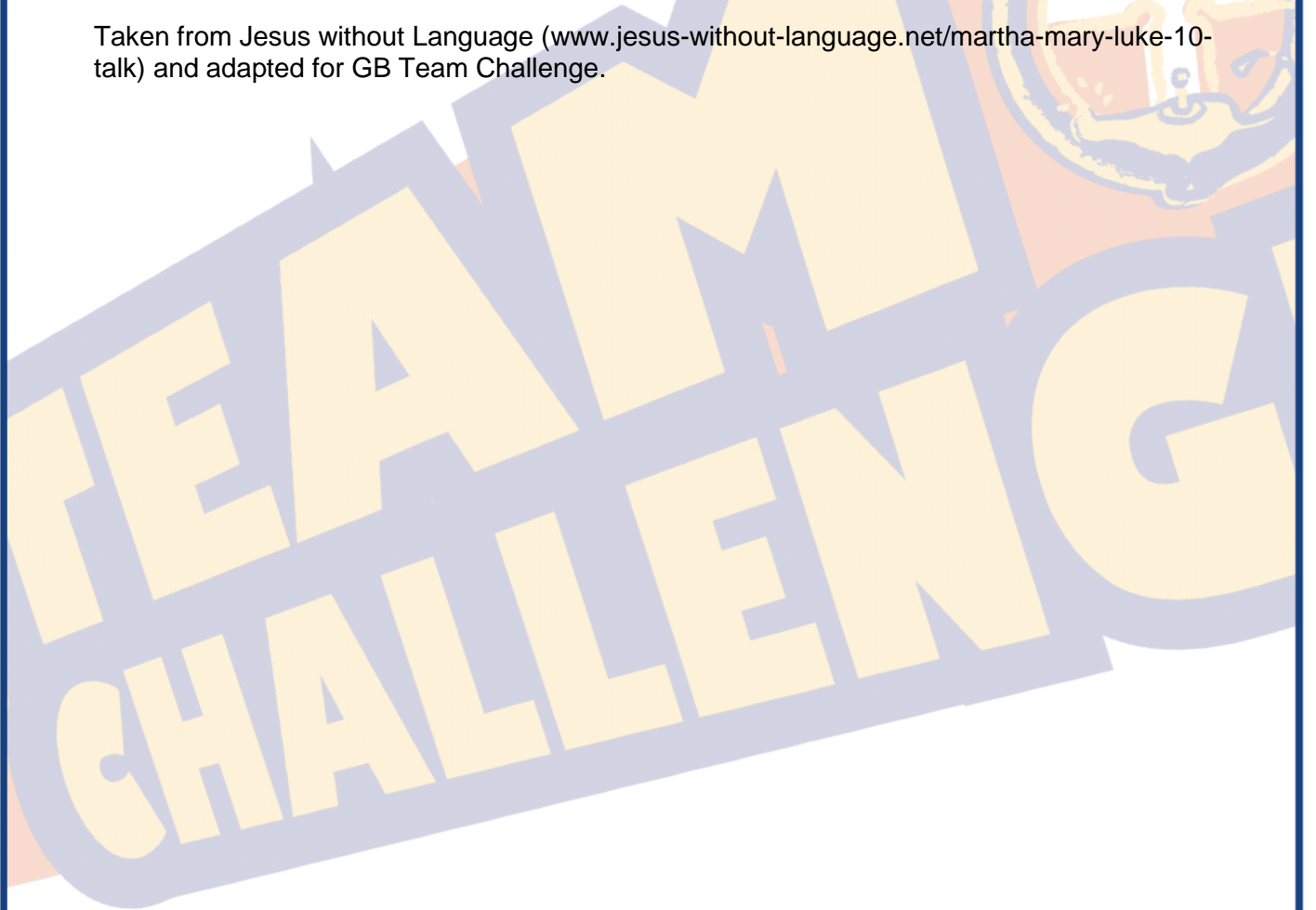
Jesus said “Martha, you are worrying over things like how the house looks and making the best meal - these things are not important to me.

“Mary has chosen to do the most important thing which is to sit and take time to be with me and listen to my words and teaching.”

We all have different gifts and roles to play. But all of us need to take time to be with Jesus, listen to what He has to say and not be so busy that we miss the opportunity.

Martha then realised that the chores and housework will wait. Taking the time to be with Jesus is the most important thing we can do.

Taken from Jesus without Language (www.jesus-without-language.net/martha-mary-luke-10-talk) and adapted for GB Team Challenge.



Make your own mocktails!

Aim of the challenge: Be as welcoming as Mary and Martha by working as a team to create your own mocktails!

Equipment: Glass for each person
100ml of two or three different juices such as orange juice, pineapple juice, pomegranate juice, passionfruit juice, tomato juice, apple juice.
100ml of lemonade or soda water
Spoons or stirrers
Half an orange
Optional - cocktail umbrellas & cherries
Straws (enclosed with your Team Challenge packs)

- **Check for allergies & re-assure team members they don't have to drink anything if they don't want to.**
- You have 4 minutes to create refreshing mocktails and choose your best one to be judged by the facilitator. Be as creative as you can and work as a team!
- You will be given marks out of 10 by the facilitator for your chosen mocktail and your teamwork.
- Tidy and wash up the equipment, continuing to work as a team.

How long have you got? 4 minutes

Total activity time - 10-15 minutes

Facilitator to give points out of 10 using the guide below:

- 10 - tasted out of this world and superb teamwork
- 9 - tasted extremely good and very good teamwork
- 8 - great teamwork and taste
- 7 - taste not great but worked well together
- 6 – taste and teamwork poor

Points:

If you enjoyed this, try it again as part of n:counta coping in the kitchen from the coping with life track.

M & M – not Mary & Martha but chocolate this time!

Aim of the challenge: Transfer as many M&Ms as possible from one bowl to another in the time limit.

Equipment: 1 large packet of M&Ms – chocolate or peanut
2 cereal bowls
Straws (enclosed with your Team Challenge packs)



- **Check for allergies, re-assure any asthma sufferers that the challenge is optional & make sure no sweets used in the challenge are eaten afterwards.**
- Place the two bowls 3 metres apart.
- Team stand behind bowl 1 which is full of M&Ms and each team member has a straw.
- Team member 1 without using their hands sucks one M&M onto the straw and walks to the empty bowl and places M&M in bowl 2. If they drop the M&M en route, go back to the start and start again.
- Hop back to first bowl and next team member takes their turn.
- Repeat as many times as possible in 3 minutes.

Time limit 3 minutes

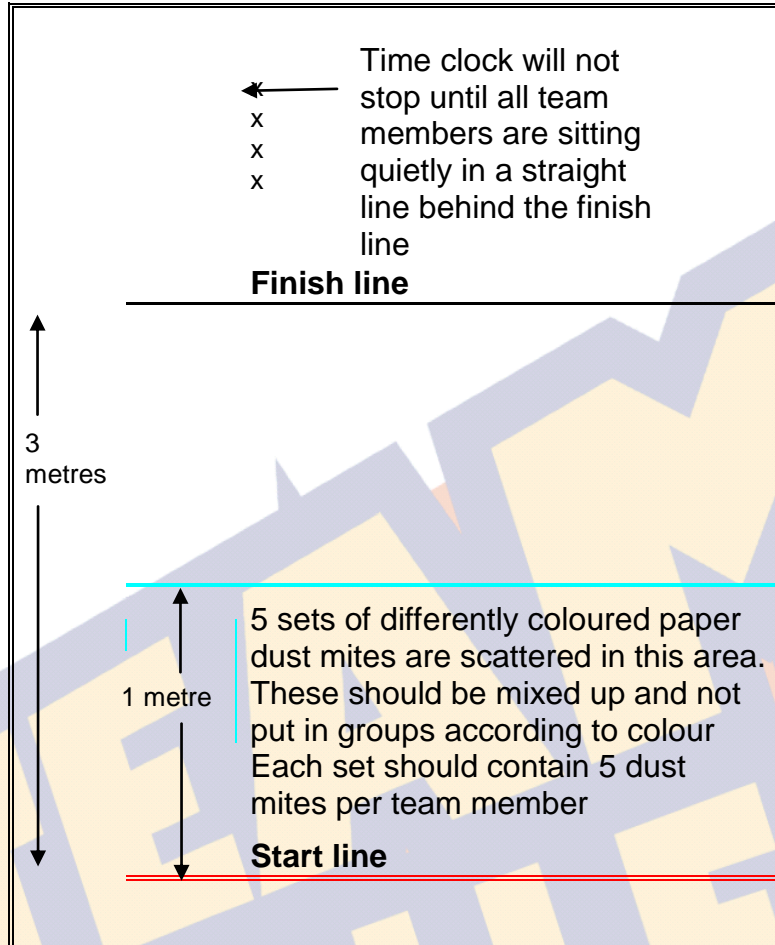
Give 2 **points** for every M&M in the second bowl.

Points:

Get cleaning

Aim of the challenge: get cleaning like Mary and Martha did, working as a team in as quick a time as possible.

Equipment: 5 printed dust mites per team member (20 of 4 different colours are enclosed with your pack)
Two skipping ropes to mark the Start and Finish line



- Give each team member a piece of A4 newspaper or A4 paper to make into a fan.
- When the stopwatch starts, use the fans to create draughts of air to push each of the dust mites along until they have crossed the finish line.
- Team members can choose whether to concentrate on moving each dust mite all the way to the finish line or to move each of their 5 mites a little way at a time.
- The challenge ends when all the teams' dust mites are across the finish line.
- Points will be given by Girls' Brigade Central Office for the fastest times.



Time:

Bible Brain teasers

Equipment: A Bible
Pen

1. What do you like most about the story of Mary and Martha and why?

You will get 1 point for trying and 2-3 points for the reason you give.

2. Can you find the eleven books of the Bible in this story?

You may use the contents page of a Bible to help you.

MY FRIEND LULU KEPT MAKING REMARKS ABOUT THE HIDDEN BOOKS OF THE BIBLE. YES THERE WERE PEOPLE LOOKING SO HARD FOR FACTS, BUT FOR OTHERS IT WAS A REVELATION. SOME WERE IN A JAM ESPECIALLY SINCE THE NAME OF THE BOOKS WERE CAPITALISED, BUT THE TRUTH FINALLY STRUCK HOME TO NUMBERS OF READERS. TO OTHERS, IT WAS A REAL JOB. WE WANT IT TO BE A MOST FASCINATING FEW MOMENTS FOR YOU.

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3. These Dingbats are particularly challenging but have a go at thinking differently.

Dingbats are cunningly disguised names, phrases and sayings that are turned around, upside-down, sideways or jumbled up. Work out the hidden word or phrase which will have a bible theme. It could be the size, position or direction that will give you a clue.

GMRAAZCEE

Amazing Grace (a – MAZE - in -Grace)

GMRAAZCEE

ALL GGGGUS

ALL FOR JESUS

IT'S

IT'S ALL ABOUT YOU

IT'S YOU IT'S

IT'S

THEBEWGIONNRINDG

IN THE BEGINNING WAS THE WORD

How long have you got? **5 minutes**

3 points for each correct answer. Points will be given by GBCO.

Points:

Google doodle picture round

Aim of the challenge: Google doodles are famous for reminding people of special days and getting people talking.

Write down the occasion the doodles below are for:

| | |
|---|--|
|  |  |
| VALENTINE'S DAY | NEW YEAR 2011 (Points given for NEW YEAR'S DAY) |
|  |  |
| GERMAN REUNIFICATION DAY or FALL OF BERLIN WALL | QUEEN'S DIAMOND JUBILEE |
|  |  |
| ST GEORGE'S DAY | ARCHERY (OLYMPICS) |
|  |  |
| FIRST DAY OF SPRING | OLYMPICS OPENING CEREMONY (Points given for OLYMPICS) |
|  |  |
| CHINESE NEW YEAR | WOMEN'S DAY |

Get creative!

Equipment: 3 sheets of A4 paper
Felt tips or coloured pencils

Now it's your turn to design a doodle – this time for Girls' Brigade celebrating 120 years in 2013. Use the materials provided to draw some ideas and choose one to be marked out of 10 points.

We're afraid they won't be used by google but will be shown to GB leaders during 2013!

How long have you got? 10 minutes
1 point for each correctly named doodle
Points out of 10 for your 2013 design

Points:



All about MARY AND MARTHA

Aim of challenge: Use the clues to fill in answers, starting with the letter on the left hand side. The answers are general knowledge and on a hospitality theme (cooking, home, being a hostess.)

| | Easy 3 points | Tricky 5 points | Hard 7 points |
|---|--|--|--|
| M | A type of pasta MACARONI | Made from fruit and good on toast MARMALADE | Most expensive property on a traditional Monopoly board MAYFAIR |
| A | Manufacturer of the iPhone APPLE | An oval shaped nut ALMOND (2 points for Acorn) | Another word for the stomach ABDOMEN or ABS |
| R | Singer who duetted with Coldplay for the hit "Princess of China" RHIANNA | The thick stalks which can reach up to 40cm long are the only edible portion of this plant RHUBARB | Rice cooked in broth to a creamy consistency RISOTTO |
| Y | Use this to make your bread rise YEAST | In 2013, GB is celebrating 120 _ _ _ _ _ YEARS | Hebrew name for God used in the Bible YAHWEH |
| A | A superstore where you might go to buy food ASDA OR ALDI | A pleasant smell AROMA (Points given for After Shave / Air Freshener) | Name of JLS band member ASTON |
| N | Name of GB programme used by 8-11s / Juniors N:GAGE | A type of bread eaten with curry NAAN | Ice cream with three flavours NEOPOLITAN |
| D | Main meal of the day DINNER | Title now given to Kate Middleton DUCHESS OF CAMBRIDGE (2 points for Duchess) | You need to do this to a concentrated liquid before you drink DILUTE |
| M | Jesus told a parable about a seed from this plant MUSTARD | A brand of cleaner that is very strong MR MUSCLE | The final book in The Hunger Games Trilogy MOCKINGJAY |

| | | | |
|---|---|--|--|
| A | A make of toilet roll that puppies like to advertise ANDREX | A tank for fish and underwater creatures AQUARIUM | Film featuring a team of superheroes including Iron Man and The Hulk are known as The _____ AVENGERS |
| R | One way you can cook meat (especially on Sundays) ROAST | Debbie Flood, Christian and Olympian in which sport? ROWING | Surname of Christian worship leader who wrote 'we are the free' REDMAN |
| T | The superstore where 'Every Little Helps' TESCO | Taking risks, Who am I, Get creative are known as a _____ in GB's programme for Seniors <i>n:counta</i> TRACKS | Often used in churches to mean giving 10% TITHE |
| H | Member of One Direction HARRY STYLES | A kitchen appliance brand name that's not cold HOTPOINT | Complete the phrase: less speed, more _____ HASTE |
| A | Brand of washing powder ARIEL | Vegetable with tender green stalks and purple-tipped tips ASPARAGUS | Name in the Bible translates to mean 'father of a multitude' ABRAHAM |

How long have you got? **10 minutes**

3, 5 or 7 points will be given by GBCO for each clue solved correctly

Points:

